



Original Research Article

Isolation of nanocellulose from Saba' (*Musa acuminata x balbisiana*) banana peel by one-pot oxidation-hydrolysis system

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Abstract: In the present study, a facile one-pot production of nanocellulose from ripe and unripe Saba' banana (Musa acuminata x balbisiana) peel was conducted by utilising hydrogen peroxide (H₂O₂) as an oxidising agent prior to hydrolysis with sulphuric acid (H₂SO₄) at different concentrations (8%, 24% and 40%). Proximate and chemical compositions of the ripe and unripe banana peel (BP) powder were analysed, followed by physicochemical characterisations of the resulting nanocellulose by using Scanning Electron Microscopy (SEM), Fourier Transform Infrared (FTIR) spectroscopy and Dynamic Light Scattering (DLS). FTIR analysis has confirmed the successful removal of non-cellulosic components from the BP through the distinguishable spectra of both the ripe and unripe BP powder with the H₂O₂/H₂SO₄- treated samples. SEM analysis revealed morphological changes of the BP powder from an irregular structure with the presence of starch granules to lamellar and fibrous structures after the H_2O_2/H_2SO_4 treatment and freeze-drying. The size of the nanocellulose is strongly influenced by the concentration of H₂SO₄ used. Nanocellulose from ripe BP produced by using the 40% H₂SO₄ has the smallest size with D50 < 80 nm. These findings suggest the potential of banana peel, an abundant agricultural waste to be valorised into value-added materials with significant economic potentials.

Keywords: banana peel; nanocellulose; one-pot process; hydrogen peroxide pre-treatment; acid hydrolysis

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1. Introduction

The gradual depletion of petroleum sources has made it necessary for the investigation of renewable alternatives as a source of materials and energy. Therefore, research and development in nanocellulose production, a green, bio-based and renewable biopolymer is currently a subject of immense interest as a promising alternative to the conventional petroleum-based materials. A recent report by the Global Market Insights, Inc. (2019) forecasted that the global nanocellulose market will exceed USD 1 billion in 2024 with an impressive CAGR of 33.8%. Owing to its desirable attributes such as eco-friendly nature, good biocompatibility, exceptional mechanical strength, tailorable surface chemistry and unique rheological behaviour, nanocellulose is viewed as an important advanced biomaterial that opens a new horizon in material science and its application. This includes as a filler or reinforced agent for composites and polymer matrixes, stabilising and thickening agents in food and cosmeceutical products, drug delivery excipient, biodegradable packaging, environmental remediation, among others (Camacho *et al.*, 2017; Tibolla *et al.*, 2018).

In the last few years, agricultural wastes have been utilised as an attractive source for nanocellulose production because these wastes consist mainly of plant fibres that are rich in cellulose, the main component of plant cell walls. Isolation and characterisation of nanocellulose from agricultural wastes such as sugarcane and cassava bagasse, pineapple fibres, vegetable and fruit peels such as potato, carrot, tomato and banana have been reported in a number of research papers (Malladi *et al.*, 2018; Camacho *et al.*, 2017; Moreno *et al.*, 2018).

Banana is one of the world's most popular fruits and its cultivation is widespread in most tropical countries including Malaysia. Due to the high consumption and industrial processing of the edible parts of the banana, a huge quantity of by-products such as peel is generated. The peel which accounts for about 35% of the whole fruit weight is cellulose-rich residues. Orozco *et al.* (2014) reported that the cellulose content in banana peel (11.45%) was higher than mango peel (9.19%) and comparable to orange peel (11.93%). Thus, this is a potential material for further utilisation (Tibolla *et al.*, 2014; Harini *et al.*, 2018). In this sense, research for the utilisation of banana peel as a source of nanocellulose has become increasingly attractive.

In the existing method of isolation of nanocellulose, pre-treatment followed by acid hydrolysis are the typical procedures by which the non-cellulosic components such as lignin and hemicellulose are deconstructed into soluble ones, leaving behind the insoluble residue of nanocellulose (Tibolla *et al.*, 2017; Harini *et al.*, 2018). However, the conventional methods usually involve several pre-treatment steps such as alkalisation, bleaching and successive washing to prepare relatively pure cellulosic starting materials prior to hydrolysis. These tedious and time-consuming steps will impede large-scale production and applications of nanocellulose (Leung *et al.*, 2011). Moreover, the use of high acid concentration (typically in the range of 60 to 65%) during hydrolysis possesses several downsides such as corrosive, high tendency of cellulose over-degradation, low yield, requires a huge amount of water for neutralisation and generates a huge amount of waste which eventually causes environmental pollution (Chen, 2017; Harini *et al.*, 2018; Chen *et al.*, 2019).

In view of these drawbacks, the present study reported for the first time a facile one-pot production of nanocellulose from ripe and unripe Saba' banana (*Musa acuminata x balbisiana*) peel by utilising hydrogen peroxide as a bleaching agent prior to mild sulphuric acid hydrolysis with the concentration of 8%, 24% and 40%, much lower than the commonly used acid concentration. Hydrogen peroxide (H_2O_2) provides a safer alternative to the

chemicals commonly used for alkalisation and bleaching of banana peel such as potassium hydroxide (KOH), sodium hydroxide (NaOH) and sodium chlorite (NaClO₂) because the decomposition of H_2O_2 produces water and oxygen thus, creating no harmful by-product, eliminating the needs of successive washing procedures and ultimately enabling the application of the one-pot process in less severe conditions (Chen *et al.*, 2019). The findings of this study provide an insight into the improvement of the traditional nanocellulose isolation method from banana peel. Moreover, the utilisation of banana peel, an abundant agricultural waste would help to overcome environmental pollution issues and increase the economic value of the underutilised resources.

2. Materials and Methods

2.1. Materials

Unripe and ripe Saba' bananas (*Musa acuminata x balbisiana*) with maturity stage 1 (green) and stage 7 (yellow peel with little brown spot), respectively, were obtained from a local market in Kota Kinabalu, Sabah, Malaysia. All the chemicals used in this study such as hydrogen peroxide and sulphuric acid are of reagent grade and were purchased from Merck Malaysia. A cellulose standard (microcrystalline) was purchased from Sigma-Aldrich. Millipore deionised water was used throughout this work.

2.2. Preparation of Banana Peel (BP) Powder

The BPs were manually removed from the flesh and immediately soaked in 2% sodium metabisulfite solution for 24 h to prevent oxidation. Next, the peels were arranged in an aluminium tray followed by drying in an oven at 60°C for 48 h. The dried peels were then ground into fine powder and sieved through a 200-mesh sieve. The ripe and unripe BP powder was then stored in an airtight container at room temperature until further use. Procedures for the preparation of BP powder are as shown in Figure 1.



Figure 1. Procedures for the preparation of BP powder

2.3. Isolation of BP Nanocellulose by One-Pot Process

Fabrication of nanocellulose from the ripe and unripe BP powder was carried out by using a one-pot process following a method described by Chen *et al.* (2019) and Tibolla *et*

al. (2018) with modifications. Briefly, 10 g of the dried BP powder was soaked in deionised water under continuous stirring for 24 h and filtered to remove water from the sample. After that, bleaching was performed with the addition of 100 ml of 30 wt% hydrogen peroxide (H_2O_2) to the swollen banana peel in a conical flask. The process was conducted at 90°C for 5 h with mechanical agitation in a shaking water bath (SW22, JULABO GmBH, Germany) to maintain the temperature. After completion of the bleaching process, the reaction mixture was cooled down to room temperature in an ice bath. Hydrolysis of the bleached suspension was performed by adding 8%, 24% and 40% of sulphuric acid (H₂SO₄) into the same pot containing the suspension and heated to 80°C for 1 h. To stop the reaction, the mixture was cooled with ice cubes. Successive washing with deionised water and centrifugation at 12000 rpm (25°C) were conducted until constant pH was obtained to remove the non-fibrillated cellulose components and excess reactants and concentrate the nanocellulose. The final insoluble residue was then ultrasonicated in a pulsing mode for 5 min to improve the dispersibility and reduce agglomeration. Finally, the resulting suspension was lyophilised and stored in a sealed container at 4°C until further use. Figure 2 summarises the procedures for the isolation of nanocellulose from BP powder.



Figure 2. Steps involved in the isolation of nanocellulose from BP powder

2.4. Characterisations of the BP Powder and Nanocellulose

2.4.1 Proximate compositions analysis

Proximate compositions of the BP powder including moisture, crude protein, fat and ash contents were determined following the Association of Official Analytical Chemists (AOAC, 2005) procedure. Moisture content was determined by using the oven-dry method at 105°C

for 3 h until it reached a constant weight. The Kjeldahl method was used to determine the crude protein content using Tecator Kjeltec protein analyser (FOSS, Hillerod, Denmark). The fat content was analysed using the Soxhlet method, while the ash content was measured using a muffle furnace ashing method in which the samples were heated in a furnace at 550°C for 8–12 h. All the analyses were performed in triplicates and the results were reported as average.

2.4.2 Chemical compositions analysis

Lignocellulosic fractions of the BP powder including cellulose, hemicellulose and lignin were analysed according to the American Society for Testing and Materials (ASTM) standard methods, ASTM D1103-60, ASTM D 1104-56 and ASTM D1106-56, respectively. Each test was conducted in duplicates, and the average values were reported.

2.4.3 Fourier-Transform Infrared Spectroscopy (FTIR) Analysis

Fourier-Transform Infrared Spectroscopy (FTIR) was used to identify functional groups present in the samples and changes in chemical compositions of the BP powder after hydrolysis with 8%, 24% and 40% H₂SO₄. The absorbance spectra were collected using Agilent Cary 630 FTIR Spectrometer (Agilent Technologies Inc., USA) in the infrared region between 4000 and 600 cm⁻¹ with a spectral resolution of 4 cm⁻¹ and 32 scans at room temperature (Tibolla *et al.*, 2018). FTIR spectrum of standard cellulose was used as a reference.

2.4.4 Scanning Electron Microscope (SEM) Analysis

Morphology of the ripe and unripe BP powder and the lyophilised nanocellulose suspensions were viewed by using SEM. The samples were fixed on an aluminium stub and sputter-coated with gold prior to the SEM observation. The analysis was performed using an accelerating voltage of 10 kV. Morphology of the standard cellulose was also observed for comparison.

2.4.5 Dynamic Light Scattering (DLS) Analysis

Particle size distribution of the nanocellulose suspensions was measured using NanoPlus (Particulate Systems, USA) particle analyser. The nanocellulose suspensions were prepared by diluting the lyophilised samples in ethanol (0.1 wt%) followed by 5 min ultrasonication to improve sample dispersibility and reduce agglomeration. The DLS measurements were performed at room temperature (25°C). The result is presented as the average value of three measurements.

2.5. Statistical analysis

The SPSS 25.0 was used to perform the statistical analysis of ANOVA and Tukey test of multiple comparisons. A *p*-value of less than 0.05 was considered significant.

3. Results and Discussion

3.1. Proximate and Chemical Compositions of the BP Powder

Table 1 shows the proximate compositions of unripe and ripe BP powder. Both samples have relatively low moisture content (7.13 \pm 0.12% and 7.26 \pm 0.02%, respectively), indicating that the BP was less susceptible to microbial degradation and chemical changes, thus can be stored for a more extended period. As opposed to the unripe BP, the ripe BP has significantly higher ash, fat and protein contents (p < 0.05), which agrees with the findings reported by Ramli *et al.* (2010) and Emaga *et al.* (2007). The ash content of the sample gives information about the mineral element composition, associated with the absorption of mineral salts by the plant. The higher fat content of the ripe BP could be due to the continuous synthesis of fatty acids during fruit metabolism. The slightly higher crude protein content of the ripe BP (7.48 \pm 0.36%) than that of the unripe BP (6.56 \pm 0.06%) can be explained by the breakdown and synthesis of the protein that occurs during fruit ripening. An increase in the crude protein content of BP with increasing maturity has also been reported by Khawas and Deka (2016).

Component	Unripe BP powder	Ripe BP powder
Moisture (%)	7.13 ± 0.12	7.26 ± 0.02
Ash (%)	10.16 ± 0.03	15.62 ± 0.06
Fat (%)	9.78 ± 0.16	13.59 ± 0.11
Crude protein (%)	6.56 ± 0.06	7.48 ± 0.36

Table 1. Proximate compositions of unripe and ripe BP powder*

*Data are mean values of three replicates \pm standard deviation

Results of ASTM chemical compositions analysis of the ripe and unripe BP powder are shown in Table 2. Both samples have a considerable amount of cellulose that can be potentially exploited to produce nanocellulose. Based on the existing information on nanocellulose isolation from BP, most studies utilise the unripe BP as a source of cellulose instead of the ripe BP. But the present study found that the cellulose composition in the ripe BP powder is more than 50% higher than the unripe BP, associated with the increase in enzymatic activity of cellulose synthase during fruit ripening. This enzyme is responsible for the synthesis of cellulose in the primary and secondary walls of plant cells (Emaga *et al.,* 2008). This finding is supported by Khawas and Deka (2016) where the cellulose content of plantain banana peel (*Musa* ABB) is different at ripening stages.

As opposed to the cellulose content, the unripe BP shows significantly higher hemicellulose content than that of the ripe BP. Hemicellulose plays a vital role in maintaining the cell wall integrity together with lignin and cellulose. Cell biosynthesis, proliferation and prolongation at the early stages of fruit development are said to be the factors that contribute to the higher hemicellulose content of the unripe BP. Cell growth is modulated by enzymes that alter the structure of pectin and hemicellulose, thereby altering the interaction of these components. When growth is stopped, it is co-regulated by a reduction in the expression of the gene resulting in cell wall loosening and changes in the polysaccharide matrix leading to less cell extensible wall (Cosgrove, 2014). Lignification of the cell wall components during fruit ripening has resulted in higher lignin content in the ripe BP.

Component	Unripe BP powder	Ripe BP powder
Cellulose (%)	7.45 ± 1.92	11.89 ± 1.02
Hemicellulose (%)	21.56 ± 0.11	15.26 ± 0.67
Lignin (%)	7.31 ± 1.14	9.29 ± 1.30

Table 2. Chemical compositions of unripe and ripe BP powder*

*Data are mean values of three replicates \pm standard deviation

3.3. FTIR analysis

FTIR spectroscopy analysis was used to identify changes in the chemical composition of the ripe and unripe BP in response to hydrolysis with different acid concentrations. As shown in Figure 3, the FTIR spectra of all samples have two major absorbance regions located in the high ($3700-2800 \text{ cm}^{-1}$) and low ($1800-800 \text{ cm}^{-1}$) wavenumbers. The broad -OH stretching vibration band in the $3700-3000 \text{ cm}^{-1}$ region reflected the hydrophilicity of the banana fibre and gave essential information regarding inter- and intra-molecular hydrogen bond vibrations. The similarity of the absorption peak between the raw materials (unripe and ripe BP powder) to that of the treated samples at this region is a clear indication that the crystalline cellulose in the raw materials was not disrupted during the nanocellulose isolation process. The peak located at ~2900 cm⁻¹ was due to the C-H stretching vibrations on polysaccharides (Chen *et al.*, 2017).

Overall, the spectra of ripe and unripe BP powder are almost similar except for the appearance of a peak at 1075 cm⁻¹ (pointed by the arrow in Figure 3(b)) for the unripe BP related to the presence of xylans associated with hemicellulose, which agrees well with the result of chemical composition analysis in Table 2 in which the unripe BP has higher hemicellulose content. The shoulder at 1730 cm⁻¹ in the ripe and unripe BP powder was attributed to vibrations of the acetyl and uronic ester groups of hemicelluloses or to the ester linkage of the carboxylic group of the ferulic and p-coumaric acids of lignin (Mukwaya *et al.*, 2017; Heloisa Tibolla *et al.*, 2017). The gradual disappearance of this peak for the

 H_2O_2/H_2SO_4 -treated samples indicated deacetylation of hemicellulose and delignification. An obvious peak at 1640 cm⁻¹ for the unripe BP powder is usually associated with adsorbed water and could also originate from carbonyl stretching conjugated with aromatic rings as observed by Tibolla *et al.* (2014) for nanocellulose isolated from *Musa paradisiaca* banana peel (Heloisa Tibolla *et al.*, 2014). For the ripe BP, the peak is located at lower wavenumber region (1603 cm⁻¹) associated with aromatic skeletal vibration (Han *et al.*, 2013). These peaks were gradually diminished as the ripe and unripe BP powder underwent one-pot hydrolysis with increasing acid concentration, indicating the removal of most of the lignin and hemicellulose fractions during the nanocellulose isolation process. The peak at 897 cm⁻¹ which referred to typical cellulose structure (Chen *et al.*, 2019) is not observed in the untreated samples but appears in the spectra of the standard and all the H₂O₂/H₂SO₄-treated samples confirming successful isolation of cellulose and nanocellulose from the BP powder.



Figure 3. FTIR spectra of (\mathbf{a}, \mathbf{b}) unripe BP samples and (\mathbf{c}, \mathbf{d}) ripe BP samples after H₂O₂/H₂SO₄ treatment with different acid concentrations. Spectra of untreated ripe and BP powder and cellulose standard were also plotted for comparison.

3.4 Morphological characterisation

After the one-pot isolation process, the resulting nanocellulose suspensions were freezedried and their morphological structure was characterised by SEM as presented in Figure 4. The standard cellulose exhibited a compact structure (Figure 4a) which was attributed to the strong and tightly packed hydrogen bonding networks of cellulose fibrils which made them highly ordered and rigid. The unripe BP powder shows an irregular structure with rough surfaces (Figure 4b), while the ripe BP has a more consistent globular structure with the presence of starch granules (Figure 4c). Different morphology of the ripe and unripe BP powder could be due to the variation in proximate and chemical compositions.



Figure 4. SEM images of (**a**) microcrystalline cellulose (standard), (**b**) unripe BP powder, (**c**) ripe BP powder, (**d**–**f**) H_2O_2/H_2SO_4 -treated unripe BP after H_2O_2/H_2SO_4 treatment with 8%, 24% and 40% sulphuric acid, respectively and (**g**–**i**) ripe BP after H_2O_2/H_2SO_4 treatment with 8%, 24% and 40% sulphuric acid, respectively.

Regardless of the BP source (ripe or unripe) and acid concentration, all the isolated nanocellulose samples appear as a porous network with a unique lamellar structure (Figure 4d to 4i). Closer observation revealed ultrafine fibres and particles adhere to the nanocellulose surface. Interestingly, a honeycomb structure can be clearly seen in Figure 4 (g). This structure is related to the good stability of the nanocellulose in colloidal suspension (Lavoine & Bergström, 2017).

Possible mechanism of the formation of lamellar structure upon freeze-drying of nanocellulose could be inferred from the strong hydrogen bonding between the cellulose subunits, promoting self-assembly of the nanocellulose (Han *et al.*, 2013). Before freezing, the nanocellulose was initially stable due to electrostatic repulsion between the negatively charged sulphate groups present on its surface. As the freeze-drying progresses, the development of ice crystals gradually forms a lamellar microstructure. This process causes the nanocellulose particles to concentrate and be trapped in the space between these ice crystals. As a result, the nanocellulose was reorganised in a longitudinal direction and induced self-assembly followed by the formation of larger cellulose clusters via hydrogen and van der Waals bonds.

Han *et al.* (2013) also postulated that the self-assembly mechanism of nanocellulose suspension is predominantly influenced by the concentration of nanocellulose in the suspension. Generally, at higher acid concentration, a higher concentration of nanocellulose suspension was produced. In this case, the gap between the self-assembled microfibre layers was very small, thus increasing the tendency of forming hydrogen bonding with the adjacent microfibres. These microfibres were aligned to form a dense, layered structure, as observed in Figure 4(f) and 4(i) for nanocellulose isolated with 40% acid concentration. In contrast, the nanocellulose that was isolated using lower acid concentration (8% and 24%) tended to form a loose structure with bigger space between the self-assembled microfibres owing to the weakening hydrogen bonding and interfacial attraction.

3.5 Particle size distribution

A dynamic light scattering (DLS) analysis was used to analyse the size of the nanocellulose in the suspension and the results are presented in a cumulative frequency distribution. As shown in Figure 5, the average hydrodynamic size of the standard cellulose is 42918.6 \pm 9658.2 nm, consistent with the size given by the manufacturer, indicating the reliability of the results obtained from the DLS measurements. The unripe BP powder subjected to the one-pot isolation process with sulphuric acid of 8%, 24% and 40% concentrations yielded nanocellulose with average sizes of 362.2 \pm 191.5 nm, 328.1 \pm 140.8 nm and 176.1 \pm 48.6 nm, respectively (Figure 5a). For the ripe BP, the average sizes of the isolated nanocellulose are 701.6 \pm 226.1 nm, 258.6 \pm 111.2 nm and 78.6 \pm 72.0 nm, respectively (Figure 5b). These results indicate that the source of raw material (ripe or unripe) and concentration of acid used for hydrolysis have a significant influence on the size of the isolated nanocellulose. The shown hydrodynamic size appears to decrease as the acid concentration increases because, during acid hydrolysis, the β -1,4 glycoside bond of cellulose is broken which causes the polymer chain to shorten and thus decreases the physical dimension (Camacho *et al.*, 2017).

Successful isolation of nanocellulose from BP powder can be confirmed as more than 95% of the volume fraction of the particles lies in the nanometric range, except for the ripe BP powder treated with 8% sulphuric acid. This could be due to the higher lignin content of

the raw material as presented earlier in the chemical composition and FTIR analyses. The ripe BP powder underwent about 10 folds reduction in size with increasing acid concentration from 8% to 40% while for the unripe BP, only two folds size reduction was observed, respectively. From all the samples investigated, the ripe BP powder treated with 40% sulphuric acid exhibited the smallest hydrodynamic size in which about 70% of the particles are having a size below 100 nm. However, the definite reason as to why the size reduction in ripe BP samples is more pronounced than the unripe BP with increasing acid concentration is unclear and rarely discussed. Moreover, to our knowledge, a comparison of nanocellulose isolation from ripe and unripe BP samples has never been reported. Therefore, future studies should focus on investigating the structural differences between the ripe and unripe BP powders that could elucidate these interesting findings.



Figure 5. DLS analysis of ripe and unripe BP powder after one-pot H_2O_2/H_2SO_4 treatment with different acid concentration. Result of standard cellulose.

The use of 60–65% H_2SO_4 has been extensively reported for isolation of nanocellulose from various sources such as sugar beet (Leitner *et al.*, 2007), sugarcane bagasse (Mandal &

Chakrabarty, 2011) and pomelo peel (Mat Zain *et al.*, 2014) with sizes of 30–100 nm, 18–220 nm and 100–150 nm, respectively. This is due to the premise that lower acid concentration would prevent the formation of nanocellulose (Camacho *et al.*, 2017; Maciel *et al.*, 2019; Shanmugarajah *et al.*, 2015). However, in this study, it is proven that nanocellulose can be isolated from banana peel under milder acid hydrolysis conditions with the aid of hydrogen peroxide as a green oxidising agent.

4. Conclusion

The present study has discovered the potential of unripe and ripe Saba' banana peel, underutilised lignocellulosic biomass to be valorised into nanocellulose. The unripe and ripe BP are having different proximate and chemical compositions, which influence the properties of the resultant nanocellulose. The application of one-pot oxidation-hydrolysis approach by utilising hydrogen peroxide as a green oxidising agent prior to hydrolysis with sulphuric acid at mild concentrations is proven effective for the isolation of nanocellulose. The nanocellulose exhibits a porous lamellar structure, typical behaviour of nanocellulose under freeze-drying condition while the chemical structure resembles those of the standard cellulose as verified by FTIR. Besides the source of the material (ripe or unripe), the concentration of sulphuric acid used has a strong impact on the size of the nanocellulose. This observation has been validated by the DLS results by which higher concentration of sulphuric acid favoured solubilisation of the non-cellulosic components including lignin and hemicellulose and facilitate isolation of nanocellulose with smaller size. The size reduction in ripe BP is more pronounced than the unripe BP with increasing acid concentration. However, the reason behind this finding remains unclear and calls for further investigation. Overall, the one-pot approach employed in this study provides a simpler alternative to the laborious and time-consuming conventional approach for isolation of nanocellulose from banana peel.

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